



CAREER COACHING PROGRAMS

Customized to the needs of the industry and helping individuals to enhance their career goals.

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KEG CAREER COACHING PROGRAMS PACKAGES & PRICING

It's important that your job fulfills you, rewards you on every level, energises you, adds value to the lives of other people and enables you to become the best possible version of yourself.

Ask yourself "Where am I now?"

You may be feeling fed up or stuck in a pothole at work. Perhaps you're facing redundancy or you're up for promotion. You could be returning to work after a period of time. Whatever stage you're at, it's never too late or too early to get some help.

Our career coaches specialise in different occupations and sectors. We work with you to:

- Identify your key strengths, specialist knowledge and transferable job skills
- Understand what really drives you and what you most need from your work and your working environment to be happy
- Assess your potential to develop in new ways
- Explore the most suitable career options open to you
- Plan your long-term career direction
- Change paths and move your career forward
- Market yourself effectively and approach the job market in the right way
- Our selective screening process would reduce the work of your HR dept.



Programs Packages & Pricing

The programs below is a guide and can be tailored to fit your individual needs.

Getting started:

Initial 45-minutes consultation to assess your needs – **FREE**

We have Three levels of programs- A one-off Career Options & Job Search Consultation are as follows:

Recent Graduates and Early Career Stages program

60€ per session – 60 minutes

(Specially priced sessions for individuals in the very early stages of their career or just starting full-time employment)

The 3-month program package includes: 3 x 60-minute one-to-one career coaching sessions – 4 hours telephone support- guidance to improve your CV and tailored cover letters - 5 assignments to complete in your own time, preparation for interviews and assessment days. >>> More Info on request >>>

From **400.00€** – Ask me about paying monthly

The 6-month program package includes: 4 x 60-minutes one-to-one career coaching sessions – 3 hours telephone support - guidance to improve your CV and tailored cover letters - 10 assignments to complete in your own time - unlimited email support - preparation for interviews and assessment days. >>>More Info<<<

From **780.00€** – Ask me about paying monthly



Mid-Career program

110€ per session – 90 minutes

(For individuals with a few year's experience, usually in a management role)

The 3-month program package includes: - 3 x 90-minute one-to-one career coaching sessions - 3 hours telephone check-ins support where necessary - 5 assignments to complete in your own time - Guidance to improve your CV and tailored cover letters - interview coaching >>> More Info on request >>>

From **700€** – Ask me about paying monthly

The 6-month program package includes: 6 x 90-minute one-to-one career coaching - telephone check-ins support where necessary - 10 assignments to complete in your own time, unlimited email support. - Guidance to improve your CV and tailored cover letters - Interview coaching >>>More Info>>>

From **1.400.00€** – Ask me about paying monthly.



Executives program

150€ per session – 90 minutes

For Executives who need help to achieve Peak Performance in any or all areas necessary may it be Managerial, Cultural, Political, Psychological, Spiritual, and Physical to enable Leading with ease.

The 3-month program package includes: 3 x 90-minute in depth one-to-one career coaching sessions – 4 hours telephone support, the focus is on achieving established goals, while stiffening censorious leadership and communication skills - 10 assignments to complete in your own time - unlimited email support >>> More Info on request >>>

From 1000.00€ – Ask me about paying monthly


The 6-month program package includes: 90-minutes Live action coaching sessions each month - 10 assignments to complete in your own time - unlimited email support - Telephone support, the focus is on achieving established goals, while stiffening censorious leadership and communication skills >>> More Info on request >>

From 2000.00€ – Ask me about paying monthly.

Notes:

1. Unless clearly stated, coaching services can be delivered face to face (travel costs will apply); by telephone or video conference.
2. Fees are invoiced and payable monthly in advance. Payment by bank transfer or PayPal (credit card).



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